

QUINCY JUNIOR HIGH 7/8 TRACK – 2022-2023 SEASON

All dates are subject to change SOCIAL MEDIA – Facebook – QJHS Track and Field

Bold – Home Meets

REMIND – text 81010 – in message put @QJHSTF

Head Coach: Brian Lewton
Asst. Coach: Kenny MacDonough,
Liz Seals, Jacob Calvin, Jarod Clark

Updated: 3/14/23

<u>DAY</u>	<u>DATE</u>	<u>TIME</u>	<u>OPPONENT</u>	<u>LOCATION</u>	
BUS					
Wednesday	3/22/23	4:00PM	Brown County/Liberty	Quincy – Flinn	Transfer bus
Wednesday	3/29/23	4:00PM	Western/Mendon/Brown/Carthage	Quincy – Flinn	Transfer bus
Saturday	4/1/23	10:00AM	Hannibal Relays	Hannibal	7:45AM
Thursday	4/6/23	4:00pm	Liberty	Liberty	2:50PM
Tuesday	4/11/23	4:00PM	Pittsfield/Jacksonville Tri	Pittsfield	1:45PM
Tuesday	4/18/23	4:00PM	Macomb/Jacksonville	Quincy	Transfer Bus
Thursday	4/20/23	3:30PM	Colt Relays	Mendon	2:15 p.m.
Friday	4/21/23	3:30PM	Rain date for Colt Relays		
Monday	4/24/23	4:00PM	Liberty	Liberty	2:50pm
Saturday	4/29/23	9:00AM	Warrior Invite	Springfield SE HS	6:30am
Monday	5/1/23	4:00PM	Rushville	Rushville	1:45 p.m.
Thursday	5/4/23	4:00 PM	Beardstown Relays	Beardstown	1:45 p.m.
Fri/Sat	5/13/23	9:00AM	Edwardsville – Liberty (SECTIONALS)	Edwardsville HS	TBD
Fri/Sat	5/19 – 5/20	10:00am	State Track Meet	East Peoria	TBD

Bus numbers for transfer buses to Flinn - 55, 23,12,22