



Quincy Public
Schools



Help Your Child Succeed in School:

Build the Habit of Good Attendance Early

School success goes hand in hand with good attendance!

DID YOU KNOW?

- Starting in kindergarten, too many absences can cause children to fall behind in school.
- Missing 10 percent (or about 18 days) can make it harder to learn to read.
- Students can fall behind if they miss just a day or two days every few weeks.
- Being late to school may lead to poor attendance.



Attending school regularly helps children feel better about school—and themselves. Start building this habit in preschool so they learn right away that going to school on time every day is important. Good attendance will help children do well in high school, college, and at work.

WHAT YOU CAN DO

- Set a regular bedtime and morning routine.
- Lay out clothes and pack backpacks the night before
- Don't let your child stay home unless she is truly sick. Complaints of a stomach ache or headache can be a sign of anxiety and not a reason to stay home.
- **Develop back-up plans for getting to school if something comes up. Call on a family member, a neighbor, or another parent.**
- Avoid medical appointments and extended trips when school is in session.
- **Ask for help from school officials, afterschool programs, other parents or community agencies if you're having trouble getting your child to school.**

When Do Absences Become a Problem?

