

Covid Highlights

- The Adams County Health Department (ACHD) will be doing the contact tracing for schools. The same three people will be doing this to help with consistency.
- The schools will need to let the ACHD know who the close contacts in the classrooms are.
- Staff and students can follow the new 5-day isolation/quarantine guidance. If symptoms are improving, they may return after five days, on the sixth day. They will also need to wear a mask during the last five days, not a shield. Lunch should be eaten away from others. If they can't wear a mask, they stay out 10 days.

Fully Vaccinated definition for 18 and up

- Fully Vaccinated means they have received 2nd Covid shot or booster within 6 months.
- As of 1/12, An individual who receives their booster dose is considered "up to date" (this is the new terminology for fully vaccinated) on the day they receive their booster shot. They do not have to wait 14 days for them to be considered up to date.

Fully Vaccinated definition under 18

- Have received two Covid shots.

Unvaccinated Household contacts

- **Able to isolate-** Quarantine for 5 days and test at school on day 6 to return (test is recommended, not required.)
- **Unable to isolate-** Begin quarantine for 5 days after the positive is out of isolation (usually positive's day 6.) Test on day 6 to return (test is recommended, not required.)
- **Fully Vaccinated household contacts don't quarantine if no symptoms.**

Close Contacts:

- Once we know who close contacts are, we will send the list to Tara Bealor at the ACHD.
 - The ACHD will then email nurses on which quarantine option was taken.
 - If they choose test to stay option-we will test on day 4 and 6.
 - If they choose to stay home for 5 days, then it's recommended they test on 6th day return.
 - If the ACHD was unable to reach them, we will reach out.
 - Nurses will be in contact with secretaries and let them know return dates
- School Nurses will be doing the Binax Now testing on symptomatic students and staff
 - One consent form for each student/staff being tested for entire year
 - Verbal consent upon each testing
 - Positives will need to leave school ASAP along with any unvaccinated siblings in schools.
 - Negatives may return to class if no fever, vomiting or diarrhea.
 - We no longer have to send siblings or other household members home with ill students.

24 Hour Rule:

- **FEVER:** Keep your child home until his/her fever has been gone **without the aid of fever-reducing medication** for 24 hours
- **VOMITING OR DIARRHEA:** Keep your child home for 24 hours after the last time he or she has vomited or had diarrhea and is eating a normal diet
- **ANTIBIOTICS:** Keep your child home at least 24 hours after the first dose of antibiotic
- Students with Covid Symptoms (vaccinated or unvaccinated treated the same)
 - Students at school
 - Offered the ability to have a rapid test in school. If that option is declined:
 - Nurse can tell parent, "Your child is presenting with these symptoms. I would recommend getting a negative Covid test or seeing a healthcare professional."
 - They do need to go home if having symptoms

- If student comes back with no symptoms, no test, and no note, we are letting them stay.
- Students called in from home
 - Not offered the testing at school
 - Other options same as above
- Staff with Covid symptoms (vaccinated or unvaccinated treated the same)
 - May make an appointment with their nurse to come in and get tested first thing in the am
 - If their nurse is too busy, may see if Brandy Kirby or Lisa Otten can test them at the BOE.
 - If start symptoms later in the day may have option to go immediately to nurse and get tested
 - Symptoms:
 - Fever
 - Headache – New onset moderate to Severe
 - Cough - New
 - Sore Throat - New
 - Diarrhea
 - Loss of Taste or Smell - New
 - Fatigue/Muscle or Body aches from unknown cause
 - Shortness of Breath
 - If testing at school declined, they need:
 - Same as above for students.

If parents/staff call in with questions on isolation/quarantine dates because they are out of school close contacts:

Let them know they should have received the following text and they need to “opt in”. Also, can tell them IDPH guidance of 5 days and give them a date, but inform them that if they get something different from the state that we will go with that date instead.

IDPH COVID: There is important info for you. Call 312-777-1999 or click: <https://dph.illinois.gov/.../confirmed-or-possible-covid...> **It is important for individuals to call the number and “opt in” for an interview in order to receive guidance about isolation dates, notes for work or school and available resources.**