

ECFC Pre-K December 2023



Monday	Tuesday	Wednesday	Thursday	Friday
Due to manufacturing shortages, menus are subject to change based upon availability of product.			 	 
				<div>1 Pancake Sandwich Banana</div> <div>Turkey & Cheese Wrap Fresh Veggie Bowl Baby Carrots & Ranch WG Doritos, Pineapple, Milk</div>
4 Mini Pancakes Raisels	5 Cereal Apple Sauce	6 Scrambled Eggs Toast Mandarin Oranges	7 Sausage & Cheese Slider Mixed Fruit	8 Cinnamon Bun Apple Slices
Hot Dog on Bun Sweet Potato Fries Applesauce & Milk	Spaghetti w/ Meat Sauce Bread Stick Romain Salad w/ Ranch Mandarin Oranges & Mik	Pepperoni Pizza Calzone Marinara Sauce Mixed Veggies w/ ranch Mixed Fruit & Milk	Chicken Nuggets Mashed Potatoes & Gravy Apple Slices & Milk	Pulled Pork on Bun Baked Beans Pears & Milk
11 Cinni Minis Craisins	12 Frudel Pineapple	13 Breakfast Pizza Mandarin Oranges	14 Flapstick Apple Slices	15 Mini Pancakes Applesauce
Cheeseburger on Bun Steamed Broccoli w/ Cheese Pineapple & Milk	Pizza Garden Salad w/ tomato Mandarin Oranges & Mik	Mini Pancakes & Sausage Hashbrown Coins Apple Slices & Milk	Soft Taco Cheese & Salsa Refried Beans Applesauce & Milk	Chicken Paremsan Dippers Marinara Sauce & Breadstick Green Beans Mixed Fruit & Milk
18 Biscuit & Gravy Craisins	19 French Toast Sticks Pineapple	20 Cereal Peaches		
Chicken Patty on Bun Corn Pears & Milk	Chicken & Noodles Steamed Broccoli Peaches & Milk	Pizza Sticks Marinara Sauce Green Beans Applesauce & Milk		

Christmas Break December 21st-January 2nd