## ECFC T-K December 2023

















**Friday** 

Monday	
Due to manufacturing	
shortages, menus are	
subject to change based	
upon availability of product.	





















1 Pancake Sandwich
Banana
Turkey & Cheese Wrap
Fresh Veggie Bowl

Baby Carrots & Ranch

WG Doritos, Pineapple, Milk

5 Cereal	6 Scrambled EggsToast	7 Sausage & Cheese Slider	8 Cinnamon Bun
Apple Sauce	Mandarin Oranges	Mixed Fruit	Apple Slices
Spaghetti w/ Meat Sauce	Pepperoni Pizza Calzone	Chicken Nuggets	Pulled Pork on Bun
Bread Stick	Marinara Sauce	Mashed Potatoes & Gravy	Baked Beans
Romain Salad w/ Ranch	Mixed Veggies w/ ranch	Baby Carrots	Celery
Mandarin Oranges & Mik	Mixed Fruit & Milk	Apple Slices & Milk	Pears & Milk
12 Frudel	13 Breakfast Pizza	14 Flapstick	15 Mini Pancakes
Pineapple	Mandarin Oranges	Apple Slices	Applesauce
Pizza	Mini Pancakes & Sausage	Soft Taco	Chicken Paremsan Dippers
Garden Salad w/ tomato	Hashbrown Coins	Cheese & Salsa	Marinara Sauce & Breadstick
Baby Carrots	Baby Carrots	Refried Beans	Green Beans
Mandarin Oranges & Mik	Apple Slices & Milk	Applesauce & Milk	Mixed Fruit & Milk
19 French Toast Sticks	20 Cereal	*	55
Pineapple	Peaches	* P	
Chicken & Noodles	Pizza Sticks	· 70*	<b>1</b>
Steamed Broccoli	Marinara Sauce	7	
Baby Carrots	Green Beans	2 32:	× 650
Peaches & Milk	Applesauce & Milk		
	Apple Sauce  Spaghetti w/ Meat Sauce Bread Stick Romain Salad w/ Ranch Mandarin Oranges & Mik  12 Frudel Pineapple  Pizza Garden Salad w/ tomato Baby Carrots Mandarin Oranges & Mik  19 French Toast Sticks Pineapple  Chicken & Noodles Steamed Broccoli Baby Carrots	Apple Sauce  Spaghetti w/ Meat Sauce Bread Stick Romain Salad w/ Ranch Mandarin Oranges & Mik  12 Frudel Pineapple  Pizza Garden Salad w/ tomato Baby Carrots Mandarin Oranges & Mik  19 French Toast Sticks Pineapple  Chicken & Noodles Steamed Broccoli Baby Carrots  Mandarin Oranges  Mandarin Oranges & Mik Apple Slices & Milk  20 Cereal Peaches  Pizza Sticks Pizza Sticks Pizza Sticks Marinara Sauce Green Beans	Apple Sauce  Spaghetti w/ Meat Sauce Bread Stick Romain Salad w/ Ranch Mixed Fruit & Mike  Mixed Fruit & Mike  Mixed Fruit & Mike  Mixed Fruit & Mike  Mixed Fruit & Milk  Apple Slices & Milk  Mandarin Oranges  Mandarin Oranges  Mini Pancakes & Sausage  Garden Salad w/ tomato  Hashbrown Coins  Baby Carrots  Mandarin Oranges & Mik  Apple Slices  Marinara Sauce  Milk  Mixed Fruit  Mashed Potatoes & Gravy  Baby Carrots  Apple Slices & Milk  Mapple Slices & Milk  Apple Slices  Apple Slices  Apple Slices  Apple Slices  Mapple Slices  Apple Slices  Marinara Sauce  Chicken & Noodles  Pizza Sticks  Marinara Sauce  Green Beans