



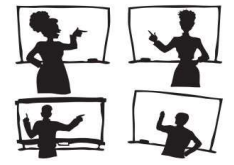



ECFC January 2021

Monday	Tuesday	Wednesday	Thursday	Friday
			AVOID THE STRUGGLE! EAT BREAKFAST AT SCHOOL! BREAKFAST AND LUNCH ARE CURRENTLY FREE FOR ALL SCHOOL YEAR!	
	5 Remote Planning Day No School! 	6 <i>Cereal & Toast</i> Cheeseburger on Bun Oven Fries Peaches Milk PM Snack: Goldfish	7 <i>Breakfast Pizza</i> Walking Tacos Cheese, Lettuce, & Salsa Corn & Pears Milk PM Snack: Cereal	8 <i>Mini French Toast</i> Pasta with Meatballs Breadstick Romaine Salad Pineapple & Milk PM Snack: Graham cracker
11 <i>Sausage Slider</i> Chicken Patty on Bun Green Beans Applesauce Milk PM Snack: Fruit	12 <i>Flap Stick</i> Soft Chicken Tacos Corn Mixed Fruit Milk PM Snack: Pretzel & Juice	13 <i>Mini Pancakes</i> Chicken Nuggets Mashed potatoes and Gravy Pears Milk PM Snack: Cheese & Crackers	14 <i>Cinnamon Bun</i> Chicken and Noodles Sweet Peas/ Dinner Roll Apple Slices Milk PM Snack: Vanilla Wafers	15 Teachers Institute No School 
18 NO SCHOOL <div>  <p>Martin Luther King, Jr. Birthday</p> </div>	19 <i>Biscuit & Gravy</i> Chicken Parmesan Dippers Marinara Sauce Green Beans & Pears Milk PM Snack: Animal Crackers	20 <i>Frudel</i> Mini Pancakes/Sausage Links Hash Brown Triangles Mandarin Oranges Milk PM Snack: Fruit	21 <i>Bosco Egg & Cheese Stick</i> Cheeseburger on Bun Oven Fries Clementines Milk PM Snack: Goldfish	22 <i>French Toast Sticks</i> Pizza Sticks Marinara Sauce Carrot Sticks with Ranch Apple Slices & Milk PM Snack: Cereal
25 <i>Scrambled eggs & Toast</i> Chicken Patty on Bun Corn Pineapple Milk PM Snack: Pretzel & Juice	26 <i>Donut</i> Pizza Green Beans Apple Slices Milk PM Snack: Salsa & Chips	27 <i>Egg & Cheese Tac-Go</i> Popcorn Chicken Mashed Potatoes and Gravy Mixed Fruit Milk PM Snack: Goldfish Graham	28 <i>Mini Waffles</i> Pasta with Meatsauce Breadstick Romaine Salad/Clementines Milk PM Snack: Fruit	29 <i>Breakfast Pizza</i> Cheeseburger on Bun Mixed Fresh Veggies Ranch Dressing Pears & Ranch PM Snack: Mozzarella Cheese