





ECFC Pre-K January 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1 <i>No School</i>	2 <i>No School</i>	3 <i>Mini Pancakes</i> <i>Peaches</i>	4 <i>Sausage & Cheese Slider</i> <i>Mixed Fruit</i>	5 <i>Mini French Toast Sticks</i> <i>Apple Slices</i>
		Four Cheese Garlic Bread Marinara Sauce Green Beans Mixed Fruit & Milk	Hamburger on Bun Tater Tots Apple Slices & Milk	Corn Dog Baked Beans Peaches & Milk
8 <i>Frudel</i> <i>Raisins</i>	9 <i>Scrambled Eggs & Toast</i> <i>Mandarin Oranges</i>	10 <i>Cinni Minis</i> <i>Peaches</i>	11 <i>Flapstick</i> <i>Pears</i>	12 <i>Mini Pancakes</i> <i>Applesauce</i>
Cheese Pizza Green Beans Mandarin Oranges & Milk	Wild Mikes Cheese Bites Marinara Sauce Steamed Broccoli Peaches & Milk	Popcorn Chicken Oven Fries Pears & Milk	Walking Tacos Cheese, Lettuce, & Salsa Refried Beans Applesauce & Milk	Turkey & Cheese Wrap California Blend Vegetables Pineapple, Cookie, Milk
15 <i>No School</i>	16 <i>Mini Pancakes</i> <i>Craisins</i>	17 <i>Cereal & Toast</i> <i>Mixed Fruit</i>	18 <i>Sausage & Cheese Slider</i> <i>Mandarin Oranges</i>	19 <i>Cinnamon Bun</i> <i>Apple Slices</i>
	Hot Dog on Bun Sweet Potato Fries Mixed Fruit & Milk	Spaghetti w/ Meat Sauce Breadstick Salad w/ Ranch Mandarin oranges	Chicken Nuggets Mashed Potatoes & Gravy Apple Slices & Milk	Pulled Pork on Bun Baked Beans Peaches & Milk
22 <i>Frudel</i> <i>Raisins</i>	23 <i>Scrambled Eggs & Toast</i> <i>Pears</i>	24 <i>Breakfast Pizza</i> <i>Pineapple</i>	25 <i>Flap Stick</i> <i>Applesauce</i>	26 <i>Cereal & Toast</i> <i>Apple Slices</i>
Cheeseburger on Bun Sweet Potato Fries Pears & Milk	Pizza Garden Salad w/ Tomato Ranch Dressing Pineapple & Milk	Mini Pancakes & Sausage Hash Brown Coins Applesauce & Milk	Soft Taco Cheese, Lettuce, & Salsa Apple Slices & Milk	Chicken Parmesan Dippers Breadstick Green Beans Peaches & Milk
29 <i>French Toast Sticks</i> <i>Raisels</i>	30 <i>Biscuit & Gravy</i> <i>Pears</i>	31 <i>Banana Bread</i> <i>Pineapple</i>		
Chicken Patty on Bun Corn Pears & Milk	Pepperoni Calzone Steamed Broccoli Pineapple & Milk	Popcorn Chicken Oven Fries Pineapple & Milk		