

January 2023 QHS Menu



Other meals offered daily include,
 Made to order Subs, Wraps
 and Salads
 Grab n'Go Chef Salads
 Taco Bar

| January 3rd | January 4th | January 5th | January 6th |
|--|---|---|---|
| <i>French Toast Sticks</i> | <i>Breakfast Sandwich</i> | <i>Biscuit & Gravy</i> | <i>Donut & Yogurt</i> |
| Mini Corn Dog Nuggets or Cheeseburger Tater Tots Baby Carrots Fruit & Milk | Big D's Pizza or Spicy Chicken Sandwich Green Beans Spinach Salad Fruit & Milk | Chicken Strips Baked Beans 7 Layer Salad Fruit & Milk | Cheese Quesadilla w/Queso Corn Side Salad Fruit & Milk |
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| January 9th | January 10th | January 11th | January 12th |
| <i>French Toast Sticks</i> | <i>Cinnamon Roll</i> | <i>Scrambled Eggs & Bacon</i> | <i>Biscuit & Gravy</i> |
| Grilled Chicken Wrap Sunchips Steamed Broccoli Side Salad Fruit & Milk | Turkey or Chicken & Gravy over Mashed Potatoes Dinner Roll Green Beans Fruit & Milk | Little Caesar's Pizza or Mozzarella Breadsticks Side Salad Baby Carrots Fruit & Milk | Chili & Grilled Cheese Carrots & Celery Sticks Fruit Milk |
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| | | | Walking Taco Corn Southwest Salad Fruit Milk |
| January 16th | January 17th | January 18th | January 19th |
| <i>No School</i> | <i>Breakfast Sandwich</i> | <i>Pancakes & Sausage</i> | <i>Biscuit & Gravy</i> |
|  | Chicken BLT Sandwich Baked Beans Coleslaw Fruit Milk | Spaghetti w/Meatballs or Spicy Chicken Sandwich Green Beans Side Salad Fruit & Milk | Chicken Twister Cooked Carrots Broccoli Salad Fruit Milk |
| | | | BBQ Pork Pony Shoe Curly Fries Baby Carrots Fruit & Milk |
| January 23rd | January 24th | January 25th | January 26th |
| <i>French Toast Sticks</i> | <i>Cinnamon Roll</i> | <i>Scrambled Eggs & Bacon</i> | <i>Biscuit & Gravy</i> |
| 4 Cheese Garlic Bread Marinara Sauce Steamed Broccoli Fruit Milk | Popcorn Chicken Bowl w/Mashed Potatoes Corn Dinner Roll Fruit & Milk | Domino's Pizza or Mozzarella Breadsticks Side Salad Baby Carrots Fruit & Milk | Orange Chicken over Rice Oriental Vegetables Asian Coleslaw Fruit & Milk |
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| | | | Chili Dog or Spicy Chicken Sandwich Baked Beans Sweet Potato Fries Fruit & Milk |
| January 30th | January 31st | <p>DUE TO MANUFACTURING SHORTAGES, MENU IS SUBJECT TO CHANGE BASED UPON PRODUCT AVAILABILITY!</p> | |
| <i>French Toast Sticks</i> | <i>Breakfast Sandwich</i> | | |
| Chicken Sandwich Potato Wedges Side Salad Fruit & Milk | Fajita Chicken & Queso over Mexican Rice Tostitos Chips Corn & Refried Beans Fruit & Milk | | |

