
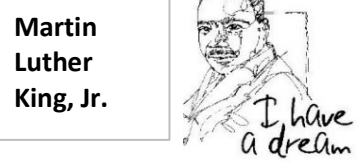



ECFC PreK Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 <i>No School</i>	3 <i>Flap Stick</i> <i>Raisels</i>	4 <i>Long John</i> <i>Peaches</i>	5 <i>Muffin</i> <i>Pineapple</i>	6 <i>Breakfast Pizza</i> <i>Apple Slices</i>
	Pizza Sticks Marinara Sauce Green Beans, Peaches Milk <i>Snack: Cheese its</i>	Chicken & Noodles Steamed Broccoli Pineapple & Milk <i>Snack: Goldfish Grahams</i>	Grilled Cheese Cowboy beans Apple Slices & Milk <i>Snack: Fruit</i>	Deli Sub w/Cheese Mixed Veggie Bowl w/ ranch WG Doritos, Applesauce Milk <i>Snack: Pretzels</i>
9 <i>Apple Bites</i> <i>Raisins</i>	10 <i>Mini French Toast</i> <i>Mandarin Oranges</i>	11 <i>Frudel</i> <i>Mixed Fruit</i>	12 <i>Cinni Minis</i> <i>Pears</i>	13 <i>Pancakes</i> <i>Apple Slices</i>
Cheeseburger on Bun Tator Tots Mandarin Oranges & Milk <i>Snack: Chips& Salsa</i>	Cheese Quesadilla w/ salsa Romaine Salad w/ Ranch Mixed Fruit & Milk <i>Snack: Cereal & Milk</i>	Pork Chop Patty Mashed Potatoes and Gravy Pears & Milk <i>Snack: Fruit</i>	Four Cheese Garlic Bread Marinara Sauce Grn Beans, Apple Slices, Milk <i>Snack: Cheese Stick</i>	Corn Dog Baked Beans Peaches & Milk <i>Snacks: Animal Cookies</i>
16 <i>No School</i>	17 <i>Scrambled Eggs & Toast</i> <i>Craisins</i>	18 <i>Flap Stick</i> <i>Applesauce</i>	19 <i>Sausage Slider</i> <i>Pineapple</i>	20 <i>Mini French Toast</i> <i>Banana</i>
	Cheese Pizza Green Beans Applesauce & Milk <i>Snack: Cheese its</i>	Popcorn Chicken Oven Fries Pineapple & Milk <i>Snack: Goldifsh Graham</i>	Walking Taco Cheese & Salsa Refried Beans, Banana, Milk <i>Snack: Fruit</i>	Turkey & Cheese Wrap Fresh Veggie Bowl w/ Ranch Apple, Bear Cookie, Milk <i>Snack Pretzels</i>
23 <i>Banana Bread</i> <i>Raisins</i>	24 <i>Frudel</i> <i>Pears</i>	25 <i>Mini Pancakes</i> <i>Mandarin Oranges</i>	26 <i>Breakfast Pizza</i> <i>Mixed Fruit</i>	27 <i>Cinnamon Bun</i> <i>Apple Slices</i>
Hot Dog on Bun Sweet Potato Fries Pears & Milk <i>Snack: Bear Cookie</i>	Spaghetti w/ Meat Sauce Bread stick, Salad / Ranch Mandarin Oranges/ Milk <i>Snack: Goldfish Graham</i>	Pulled Pork on Bun Mixed Fresh Veggies/ Ranch Mixed Fruit & Milk <i>Snack: Cheese Stick</i>	Chicken Nuggets Mashed potatoes & gravy Apple Slices & Milk <i>Snack: Animal Cookies</i>	Rib BQ on Bun Baked Beans Peaches & Milk <i>Snack: Cheese its</i>
30 <i>Biscuit & Gravy</i> <i>Raisels</i>	31 <i>Pancakes</i> <i>Pineapple</i>			Due to manufacturing shortages, menus are subject to change based upon availability of product.
Cheeseburger on Bun Steamed Broccoli w/ Cheese Pineapple & Milk <i>Snack: Cereal & Milk</i>	Pizza Garden Salad w/ tomato Peaches & Milk <i>Snack: Fruit</i>			