




ECFC T-K Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 <i>No School</i>	3 <i>Flap Stick</i> <i>Raisels</i>	4 <i>Long John</i> <i>Peaches</i>	5 <i>Muffin</i> <i>Pineapple</i>	6 <i>Breakfast Pizza</i> <i>Apple Slices</i>
	Pizza Sticks Marinara Sauce Green Beans Peaches & Milk	Chicken & Noodles Steamed Broccoli Baby Carrots Pineapple & Milk	Grilled Cheese Cowboy beans Sunset Sipper Apple Slices & Milk	Deli Sub w/Cheese Mixed Veggie Bowl w/ ranch wholegrain doritos Applesauce & Milk
9 <i>Apple Bites</i> <i>Raisins</i>	10 <i>Mini French Toast</i> <i>Mandarin Oranges</i>	11 <i>Frudel</i> <i>Mixed Fruit</i>	12 <i>Cinni Minis</i> <i>Pears</i>	13 <i>Pancakes</i> <i>Apple Slices</i>
Cheeseburger on Bun Tator Tots Baby Carrots Mandarin Oranges & Milk	Cheese Quesadilla w/ salsa Romaine Salad w/ Ranch Baby Carrots Mixed Fruit & Milk	Pork Chop Patty Mashed Potatoes and Gravy Baby Carrots Pears & Milk	Four Cheese Garlic Bread Marinara Sauce Green Beans Apple Slices & Milk	Corn Dog Baked Beans Baby Carrots Peaches & Milk
16 <i>No School</i>	17 <i>Scrambled Eggs & Toast</i> <i>Craisins</i>	18 <i>Flap Stick</i> <i>Applesauce</i>	19 <i>Sausage Slider</i> <i>Pineapple</i>	20 <i>Mini French Toast</i> <i>Banana</i>
	Cheese Pizza Green Beans Baby Carrots Applsauce & Milk	Popcorn Chicken Oven Fries Baby Carrots Pineapple & Milk	Walking Taco Cheese & Salsa Refried Beans Banana & Milk	Turkey & Cheese Wrap Fresh Veggie Bowl w/ Ranch Apple Slices / Bear Cookie Milk
23 <i>Banana Bread</i> <i>Raisins</i>	24 <i>Frudel</i> <i>Pears</i>	25 <i>Mini Pancakes</i> <i>Mandarin Oranges</i>	26 <i>Breakfast Pizza</i> <i>Mixed Fruit</i>	27 <i>Cinnamon Bun</i> <i>Apple Slices</i>
Hot Dog on Bun Sweet Potato Fries Baby Carrots Pears & Milk	Spaghetti w/ Meat Sauce Bread stick Romaine Salad w/ Ranch Mandarin Oranges & Milk	Pulled Pork on Bun Mixed Fresh Veggies/ Ranch Mixed Fruit Milk	Chicken Nuggets Mashed potatoes & gravy Baby Carrots Apple Slices & Milk	Rib BQ on Bun Baked Beans Celery Peaches & Milk
30 <i>Biscuit & Gravy</i> <i>Raisels</i>	31 <i>Pancakes</i> <i>Pineapple</i>			Due to manufacturing shortages, menus are subject to change based upon availability of product.
Cheeseburger on Bun Steamed Broccoli w/ Cheese Baby Carrots Pineapple & Milk	Pizza Garden Salad w/ tomato Baby Carrots Peaches & Milk			