

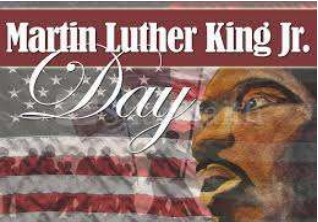


# QJHS January 2022

	<p>3 Mini Pancakes or Cereal Juice, Milk, &amp; Fruit</p> <p>4-Cheese Garlic Bread</p> <p>Saucy Cheeseburger</p> <p>Glazed Carrots</p> <p>Marinara Sauce</p> <p>Fruit Variety</p> <p>Milk</p>	<p>4 Eggs/Bacon/Toast or Cereal Milk, Juice, &amp; Fruit</p> <p>Chicken Nuggets</p> <p>Saucy Cheeseburger</p> <p>Roll &amp; Baby Carrots</p> <p>Green Beans</p> <p>Fruit Variety</p> <p>Milk</p>	<p>5 Breakfast Pizza or Cereal <b>Milk, Juice, &amp; Fruit</b></p> <p>Chicken Taco Supreme</p> <p>Saucy Cheeseburger</p> <p>Refried Beans/Salsa</p> <p>Romaine Salad</p> <p>Fruit Variety</p> <p>Milk</p>	<p>6 Donut or Cereal <b>Milk, Juice, &amp; Fruit</b></p> <p>Buffalo Calzones</p> <p>Saucy Cheeseburger</p> <p>Vegetable Medley</p> <p>Baby Carrots</p> <p>Fruit Variety</p> <p>Milk</p>
<p>9 Mini Waffles or Cereal Fruit, Juice &amp; Milk</p> <p>Pony Shoe</p> <p>Chicken Patty on Bun</p> <p>French Fries/Cheese Sauce</p> <p>Baby Carrots</p> <p>Fruit Variety</p> <p>Milk</p>	<p>10 Sausage &amp; Cheese Slider or <b>Cereal Fruit, Juice &amp; Milk</b></p> <p>Wild Mike Bites</p> <p><b>Chicken Patty on Bun</b></p> <p>Corn</p> <p>Marinara Sauce</p> <p>Fruit Variety</p> <p>Milk</p>	<p>11 Banana Bread or Cereal Fruit, Milk &amp; Juice</p> <p>Bacon Chicken Wrap</p> <p>Chicken Patty on Bun</p> <p>Baked Beans</p> <p>Salad</p> <p>Fruit Variety</p> <p>Milk</p>	<p>12 Breakfast Torando or Cereal Fruit, Milk &amp; Juice</p> <p>Baked Spaghetti</p> <p>Chicken Patty on Bun</p> <p>Steamed Broccoli</p> <p>Baby Carrots/Salad</p> <p>Fruit Variety</p> <p>Milk</p>	<p>13 French Toast &amp; Sausage or Cereal Fruit, Milk &amp; Juice</p> <p>Fiestada</p> <p>Chicken Patty on Bun</p> <p>Vegetable Medley</p> <p>Baby Tomato</p> <p>Fruit Variety</p> <p>Milk</p> 
	<p>17 Flapstick or Cereal Fruit, Milk &amp; Juice</p> <p>4- Cheese Garlic Bread</p> <p>Tenderloin on Bun</p> <p>Broccoli &amp; Carrot Salad</p> <p>Marinara sauce</p> <p>Fruit Variety</p> <p>Milk</p>	<p>18 Apple Bites or Cereal Fruit, Milk and Juice</p> <p>Chicken Tenders</p> <p>Tenderloin on Bun</p> <p>Mashed Potatoes, Butter</p> <p>Corn</p> <p>Fruit Variety</p> <p>Milk</p>	<p>19 Biscuits &amp; Gravy or Cereal Cereal, Fruit, Milk &amp; Juice</p> <p>Orange Chicken</p> <p>Tenderloin on Bun</p> <p>Rice</p> <p>Mixed Vegetables</p> <p>Fruit Variety</p> <p>Milk</p>	<p>20 Donut or Cereal Fruit, Juice, &amp; Milk</p> <p>Big Daddy</p> <p>Tenderloin on Bun</p> <p>Baked Beans</p> <p>Baby Carrots</p> <p>Fruit Variety</p> <p>Milk</p>
<p>23 Yogurt &amp; Muffin or Cereal Fruit, Milk, &amp; Juice</p> <p>Hot Dog/ Chili Dog</p> <p>Cheeseburger</p> <p>Sweet Potato Fries</p> <p>Baby Carrots</p> <p>Fruit Variety</p> <p>Milk</p>	<p>24 Egg &amp; Cheese Slider or Cereal Fruit, Milk &amp; Juice</p> <p>Chicken Quesadilla</p> <p>Cheeseburger</p> <p>Taco Beans</p> <p>Salsa</p> <p>Fruit Variety</p> <p>Milk</p>	<p>25 Mini Pancakes or Cereal Fruit, Milk &amp; Juice</p> <p>Bacon Chicken Twister</p> <p>Cheeseburger</p> <p>Glazed Carrots</p> <p>Romaine Salad</p> <p>Fruit Variety</p> <p>Milk</p>	<p>26 Blueberry Bread or Cereal Fruit, Milk &amp; Juice</p> <p>Chicken Alfredo</p> <p>Cheeseburger</p> <p>Breadsticks</p> <p>Broccoli</p> <p>Fruit Variety</p> <p>Milk</p>	<p>27 French Toast &amp; Sausage or Cereal Fruit, Milk &amp; Juice</p> <p>Wild Mike Pizza</p> <p>Cheeseburger</p> <p>Peas</p> <p>Baby Carrots</p> <p>Fruit Variety</p> <p>Milk</p>
<p>30 Cinni Mini's or Cereal Fruit, Milk &amp; Juice</p> <p>Chicken Patty on Bun</p> <p>Rib-B-Que</p> <p>Curly Fries</p> <p>Coleslaw</p> <p>Fruit Variety</p> <p>Milk</p>	<p>31 Chicken Sausage &amp; Cheese Slider or Cereal Fruit, Milk &amp; Juice</p> <p>Tornado</p> <p>Rib-B-Que</p> <p>Baked Beans</p> <p>Baby Carrots</p> <p>Fruit Variety</p> <p>Milk</p>	<p>1 Bagel &amp; Cream Cheese or Cereal Fruit, Milk &amp; Juice</p> <p>Queso Grilled Chicken Wrap</p> <p>Rib-B-Que</p> <p>Broccoli</p> <p>Salsa/Salad</p> <p>Fruit Variety</p> <p>Milk</p>	<p>2 Mini Flapsticks or Cereal Fruit, Milk &amp; Juice</p> <p>General Chicken</p> <p>Rib-B-Que on Bun</p> <p>Rice &amp; Mixed Vegetables</p> <p>Baby Tomatoes</p> <p>Fruit Variety</p> <p>Milk</p>	<p>3 Donut or Cereal Fruit, Milk &amp; Juice</p> <p>DB Stuffed Pizza</p> <p>Rib-B-Que on Bun</p> <p>Green Beans</p> <p>Baby Carrots</p> <p>Fruit Variety</p> <p>Milk</p>