

ECFC Pre-K May 2023

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 1 Biscuit & Gravy Raisels | 2 Flap Stick Mixed Fruit | 3 Muffin Mandarin Oranges | 4 Donut Pineapple | 5 Sausage Slider Orange Wedges |
| Corn Dog Baked Beans Mixed Fruit & Milk Snack: Cheese Stick | Cheeseburger on Bun Tator Tots Strawberries & Milk Snack: Goldfish crackers | Four Cheese Garlic Bread Marinara Sauce/ Green Beans Pineapple & Milk Snack: Fruit | Pork Chop Patty Mashed Potatoes & Gravy Orange Wedges & Milk Snack: Animal Cookies | Pulled Pork on Bun Steamed Broccoli Peaches & Milk Snack: Cereal & Milk |
| 8 Banana Bread Raisins Cheese Pizza Green Beans Applesauce & Milk Snack: Goldfish Graham | 9 Cinni Minis Apple Sauce Popcorn Chicken Oven Fries Orange Wedges & Milk Snack: Vanilla Bear Cookie | 10 Scrambled Eggs & Toast Orange Wedges Walking Tacos Cheese, Lettuce, & Salsa Refried Beans, Pears & Milk Snack: WG Doritos | 11 Mini French Toast Sticks Pears Wild Mikes Cheese Bites Marinara Sauce Stmd Broccoli, Peaches & Milk Snack: Fruit | 12 Flap Stick Peaches Turkey & Cheese Wrap Fresh Veggie Bowl Ranch Apple Slices, WG Doritos, Milk Snack: Pretzels |
| 15 Apple Bites Craisins Pizza Quesadilla w/ Salsa California Blend Veggies Mixed Fruit, Milk Snack: WG Chips & Salsa | 16 Sausage Slider Mixed Fruit Spaghetti w/Meat Sauce Romaine Salad w/ Ranch Breadstick, Apple slices, Milk Snack: Cheese Stick | 17 Mini Pancakes Apple Slices Pulled Pork on Bun Sweet Potato Fries Peaches & Milk Snack: Goldfish crackers | 18 Cinni Minis Peaches Chicken Nuggets Mashed Potatoes & Gravy Corn, Pineapple & Milk Snack: Fruit | 19 Donut Pineapple Hot Dog on Bun Baked Beans Celery, Strawberries & Milk Snack: Animal Cookies |
| 22 Biscuit & Gravy Raisels Cheeseburger on Bun Steamed Broccoli w/Cheese Peaches & Milk Snack: Cereal & Milk | 23 Mini French Toast Sticks Peaches Pizza Garden Salad Orange Wedges & Milk Snack: Goldfish Graham | 24 Scrambled Eggs & Toast Orange Wedges Mini Pancakes & Sausage Hash brown Coins Apple Slices & Milk Snack: Cheese Stick | 25 Breakfast Pizza Apple Slices Soft Taco Lettuce, Cheese, & Salsa Refried Beans, Pears, & Milk Snack: WG Doritos | 26 Flapstick Pears Chicken Parm Dippers Marinara Sauce & Breadstick Green Beans, Mixed Fruit, Milk Snack: Cheese its & Juice |
| 29 NO SCHOOL  | 30 Chef's Choice Craisins Chicken Patty on Bun Corn Pineapple & Milk Snack: Vanilla Bear Cookie |  |  |  |