



ECFC Pre-K April 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1 Spring Break! 	2 Muffin <i>Craisins</i> Hot Dog on Bun Sweet Potato Fries Applesauce & Milk	3 Scrambled Eggs and Toast <i>Applesauce</i> Chicken Nuggets Mashed Potatoes & Gravy Pineapple & Milk	4 Sausage & Cheese Slider <i>Pineapple</i> Spaghetti w/ Meat Sauce Breadstick Romaine Salad w/ Ranch Strawberries & Milk	5 Cinnamon Bun <i>Peaches</i> Rib BQ on Bun Baked Beans Pears / Juice Cup & Milk
8 Breakfast Pizza <i>Raisins</i> Cheeseburger on Bun Steamed Broccoli w/ Cheese Mixed Fruit & Milk	9 Frudel <i>Goldfish Graham Mixed Fruit</i> Pizza Garden Salad w/ tomato Ranch Dressing Apple Slices & Milk	10 Cinni Minis <i>Apple Slices</i> Mini Pancakes & Sausage Patties Hash Brown Coins Peaches & Milk	11 Flapstick <i>Peaches</i> Chicken Soft Taco Cheese, Lettuce, & Salsa Refried Beans Pineapple & Milk	12 Mini Pancakes <i>Pineapple</i> Chicken Parmesan Dippers Breadstick Green Beans Pears & Milk
15 Cereal & Toast <i>Raisels</i> Chicken Patty on Bun Corn Peaches & Milk	16 French Toast Sticks <i>Peaches</i> Chicken & Noodles Steamed Broccoli w/ Cheese Pears & Milk	17 Muffin <i>Pears</i> Grilled Cheese Cow Boy Beans Clementines (2) & Milk	18 Scrambled Eggs & Toast <i>Clementine (2)</i> Pizza Sticks Marinara Sauce Green Beans Applesauce & Milk	19 Donut <i>Applesauce & Milk</i> Pulled Pork Sandwich Mixed Fresh Veggies / Ranch Pineapple & Milk
22 Mini Waffles <i>Craisins</i> Hamburger on Bun Tater Tots  Pineapple & Milk	23 Flap Stick <i>Pineapple</i> Teriyaki Chicken Brown Rice/ Steamed Broccoli Mixed Fruit & Milk	24 Mini Pancakes <i>Mixed Fruit</i> Four Cheese Garlic Bread Marinara Sauce Green Beans Strawberries & Milk	25 Pancake Sausage Sandwich <i>Peaches</i> Pork Chop Patty Mashed Potatoes & Gravy Apple Slices & Milk	26 Mini French Toast Sticks <i>Apple Slices</i> Corn Dog Baked Beans Peaches & Cookie / Milk
27 Frudel <i>Craisins</i> Pizza Bento Boxes Steamed Broccoli Pineapple & Milk	28 Cereal & Toast <i>Pineapple</i> Popcorn Chicken Oven Fries Pears & Milk	