





QJHS November 2021

Breakfast Cost FREE 		Lunch Cost FREE 			This Menu Is Subject To Change Because Of Supply Issues
1 Cinni Mini's or Cereal Fruit Juice/Milk 4-Cheese Garlic Bread/ Marinara Turkey / Cheese Sub Corn Celery Sticks Fruit Variety Milk	2 Biscuits & Gravy or Cereal Fruit Juice/ Milk Pony Shoe Turkey/ Cheese Sub French Fries Baby Carrots Fruit Variety Milk	3 Bagel & Cream Cheese or Cereal Fruit Juice / Milk Chicken Nuggets Ham/Cheese Sub Green Beans Breadstick Fruit Variety Milk	4 Banana Bread or Cereal Fruit Juice/ Milk Walking Tacos Ham/Cheese Sub Refried Beans Salad/Baby Carrots Fruit Variety Milk	5 Mini Flapsticks or Cereal Fruit Juice/Milk Wild Mikes Pizza Sub. Sandwich California Medley Fruit Variety Milk	
8 Breakfast Burritos or Cereal Fruit Juice /Milk Cheeseburger Turkey/Cheese Sub Baked Beans Baby Carrots Fruit Variety Milk	9 Cinni Mini's or Cereal Fruit Juice/ Milk Meatball Sub Turkey/ Cheese Sub Curly Fries Baby Carrots Fruit Variety Milk	10 Breakfast Pizza or Cereal Fruit Juice/Milk Chicken Tenders/ Breadstick Ham/Cheese Sub Green Beans Salad Fruit Variety Milk	11 Mini Pancakes or Cereal Fruit Juice/Milk Teriyaki Chicken Ham/Cheese Sub Rice/ Mixed Vegetables Baby Carrots Fruit Variety Milk	12 Donut or Lucky Cereal Fruit Juice / Milk DB Stuffed Crust Pizza Sub. Sandwich Peas Fruit Variety Milk	
15 Muffin & Yogurt or Cereal Fruit Juice/ Milk Southwest Tornado Turkey/Cheese Sub Taco Beans Baby Carrots/Cheese Stick Fruit Variety Milk	16 Mini Flapsticks or Cereal Fruit Juice/Milk Wild Mike Bites Turkey/ Cheese Sub Glazed Carrots Celery Sticks Fruit Variety Milk	17 Chocolate Bread or Cereal Fruit Juice/Milk Tenderloin on Bun Ham/Cheese Sub Coleslaw Baby Carrots Fruit Variety Milk	18 Frudel or Cereal / Juice & Milk TURKEY DINNER Turkey & Gravy Mashed Potatoes Green Beans Dinner Roll Fruit Variety Milk	19 French Toast Sticks & Sausage or Cereal Juice/Milk Saucy Cheeseburger Sub. Sandwich Broccoli Fruit Variety Milk	
22 Cinnamon Burst Bread or Cereal , Fruit Juice/ Milk Chicken Sandwich Ham/Cheese Sub Potato Wedges Baby Carrots Fruit Variety Milk	23 Breakfast Pizza Bites or Cereal Fruit Juice/ Milk Calzones Ham / Cheese Sub Corn Fruit Variety Milk	