




October 2021

<p>Breakfast FREE</p> <p>LUNCH FREE</p> 		<p>Menu is subject to change due to manufacturing shortages</p>	<p>30 Breakfast Burrito Cereal , Fruit /Juice</p> <p>Bar-B-Que Chicken on Bun Ham/Cheese Sub.</p> <p>Baked Beans Baby Carrots</p> <p>Fruit Variety Milk</p>	<p>1 Donut or Cereal Fruit Juice/Milk</p> <p><i>Pepperoni Pizza</i> Sub. Sandwich</p> <p>Corn Baby Carrots</p> <p>Fruit Variety Milk</p>
<p>4 Cinnamon Bun or Cereal Fruit/ Juice</p> <p>Sloppy Joe Turkey/ Cheese Sub. French Fries Baby Carrots Fruit Variety Milk</p>	<p>5 Biscuits & Gravy or Cereal Fruit Juice, Milk</p> <p>Pizza Quesadilla Turkey/Cheese Sub. Taco Beans Salad Fruit Variety Milk</p>	<p>6 Breakfast Pizza or Cereal Fruit Milk / Juice</p> <p>Chicken Nuggets Ham/Cheese Sub. Breadstick Green Beans / Baby Carrots Fruit Variety Milk</p>	<p>7 Banana Bread or Cereal Fruit Milk/Juice</p> <p>Double Crust Pizza Ham/Cheese Sub. Glazed Carrots Celery Sticks Fruit Variety Milk</p>	<p>8</p> <p style="text-align: center;">Quincy CONFERENCE NO SCHOOL</p>
<p>11</p> <p style="text-align: center;">COLUMBUS DAY</p> <p style="text-align: center;">NO SCHOOL</p>	<p>12 Sausage & Cheese Slider or Cereal Fruit Milk/Juice</p> <p>4-Cheese Bread/Marinara Sauce Turkey/Cheese Sub. Broccoli, Califlower, Carrots</p> <p>Fruit Variety Milk</p>	<p>13 Cocoa Bread or Cereal Fruit Milk/ Juice</p> <p>Chicken Tenders/Breadstick Ham/Cheese Sub. Mashed Potatoes Corn Fruit Variety Milk</p>	<p>14 Mini Flapsticks or Cereal Fruit Milk/ Juice</p> <p>Walking Tacos Supreme Ham/ Cheese Sub. Refried Beans Salad/ Baby Carrots Fruit Variety Milk</p>	<p>15 Donut or Cereal Fruit Milk/ Juice</p> <p><i>Sausage Pizza</i> Sub. Sandwich</p> <p>Green Beans Baby Carrots Fruit Variety Milk</p>
<p>18 Scrambled Egg Pizza or Cereal Fruit Milk/ Juice</p> <p>Cheeseburger Turkey/ Cheese Sub. Sweet Potato Fries Baby Carrots Fruit Variety Milk</p>	<p>19 Cinnamon Burst Bread or Cereal Fruit Milk/Juice</p> <p>Fiestada Pizza Turkey/Cheese Sub. Taco Beans Salad Fruit Variety Milk</p>	<p>20 Pancakes or Cereal Fruit Milk/ Juice</p> <p>Baked Spagehetti & Breadstick Ham/Cheese Sub. Corn Baby Carrots Fruit Variety Milk</p>	<p>21 Frudel or Cereal Fruit Cereal / Juice</p> <p>Bar-B-Que Pork on Bun Ham/ Cheese Sub. Coleslaw Baby Carrots Fruit Variety Milk</p>	<p>22 French Toast Sticks & Sausage Fruit Juice</p> <p><i>Cheese Pizza</i> Sub. Sandwich</p> <p>Broccoli Baby Carrots Fruit Variety Milk</p>
<p>25 Breakfast Pizza Bites or Cereal Fruit Milk/ Juice</p> <p>Corn Dog</p> <p>Turkey Sub.</p> <p>Wedges Baby Carrots Fruit Variety Milk</p> 	<p>26 Yogurt & Muffin or Cereal Fruit Milk/ Juice</p> <p>General Tso Chicken Turkey/Cheese Sub. Rice/Mixed Vegetables Baby Carrots Fruit Variety Milk</p>	<p>27 Waffles or Cereal Fruit Milk/ Juice</p> <p>Chicken Bacon Twister Ham/Cheese Sub. Salad Green Beans Fruit Variety Milk</p>	<p>28 Poptarts or Cereal Fruit Juice / Milk</p> <p style="text-align: center;">1/2 DAY</p>	<p>29</p> <p style="text-align: center;">NO SCHOOL</p> 