

QJHS OCTOBER 2025 MENU

29 Yogurt & Muffin or Cereal Milk, Juice, & Fruit Sloppy Joe Rib-B-Que on Bun Curly Fries Coleslaw Fruit Variety Milk	30 Chicken Sausage & Cheese Sliders or Cereal Milk, Juice, & Fruit Chicken Alfredo /Roll Rib-B-Que on Bun Broccoli Baby Tomatoes/Salad Fruit Variety Milk	1 Oatmeal Chocolate Banana Bar or Cereal Milk, Juice, & Fruit Chicken Nuggets Rib-B-Que on Bun Potato Triangle Green Beans Fruit Variety Milk	2 Cinni Mini or Cereal Milk, Juice, & Fruit Roasted Pork on Bun Rib-B-Que on Bun Baked Beans Romaine Salad Fruit Variety Milk	3 Pancake Sausage Sandwich or Cereal Milk, Juice, & Fruit DB Stuffed Pizza Rib-B-Que on Bun Peas Baby Carrots Fruit Variety Milk
6 Banana Bread or Cereal Milk, Juice, & Fruit Bar-B-Que Chicken on Bun Chicken Patty on Bun Sweet Potato Fries Sun Sipper Fruit Variety Milk	7 Cinna Bun or Cereal Milk, Juice, & Fruit Taco Supreme Chicken Patty on Bun Refried Beans Salsa, Lettuce, Jalapenos Fruit Variety Milk	8 Eggs, Bacon, Toast or Cereal Milk, Juice, & Fruit Chicken Fingers Chicken Patty on Bun Green Beans Romaine Salad, Marinara Fruit Variety Milk	9 Mini Flapsticks or Cereal Milk, Juice, & Fruit Basco Sticks Chicken Patty on Bun Marinara Sauce Coleslaw Fruit Variety Milk	10 Pop tarts or Cereal Milk, Juice, & Fruit 1/2 Day SCHOOL 
13 No School 	14 Breakfast Pizza or Cereal Milk, Juice, & Fruit Salisbury Steak Saucy Cheeseburger on Bun Corn Mashed Potatoes & Gravy Fruit Variety Milk	15 Waffles or Cereal Milk, Juice, & Fruit Chicken Wings Saucy Cheeseburger on Bun Broccoli w/ Cheese Salad, Baby Carrots Fruit Variety Milk	16 Strawberry Bagel or Cereal Milk, Juice, & Fruit Spaghetti Bake/Roll Saucy Cheeseburger on Bun Glazed Carrots Salad Fruit Variety Milk	17 French Toast & Sausage or Cereal Milk, Juice, & Fruit Big Daddy Pizza Saucy Cheeseburger on Bun Green Beans Baby Tomatoes Fruit Variety Milk
20 Frudel or Cereal Milk, Juice, & Fruit Spicy Chicken on Bun Tenderloin Lattice Fries Dragon Fruit Fruit Variety Milk	21 Biscuit & Gravy or Cereal Milk, Juice, & Fruit Chicken Fajitas Tenderloin Peppers, Salsa Mexican Coleslaw Fruit Variety Milk	22 Blueberry Bread or Cereal Milk, Juice, & Fruit Chicken Tenders Tenderloin Macaroni & Cheese Baby Carrots Fruit Variety Milk	23 Egg & Cheese Slider or Cereal Milk, Juice, & Fruit General Chicken Tenderloin on Bun Rice & Mixed Vegetables Baby Tomatoes Fruit Variety Milk	24 Donut or Cereal Milk, Juice, & Fruit Sausage Pizza Tenderloin on Bun Vegetable Medley Baby Carrots Fruit Variety Milk
27 Egg Scrambler or Cereal Milk, Juice, & Fruit Hot Dog/Chili Cheeseburger Potato Wedges Baked Beans Fruit Variety Milk	28 Sausage & Cheese Slider or Cereal Milk, Juice, & Fruit 4-Cheese Garlic Bread Cheeseburger Corn Marinara Fruit Variety Milk	29 Mini Pancakes or Cereal Milk, Juice, & Fruit Chicken Bacon Twister Cheeseburger Green Beans Lettuce, Baby Tomatoes Fruit Variety Milk	30 Cereal or Cereal Bar Milk, Juice, & Fruit 1/2 Day School 	31 No School 

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