

# The Academy October 2024

	<p>1 <i>Chicken Sausage &amp; Cheese Slider or Cereal</i> Milk, Juice, Fruit</p> <p><b>Sweet &amp; Sour Chicken</b> Rice, Baby Tomatoes Mixed Vegetables Fruit Variety Milk</p>	<p>2 <i>Cinna Bun or Cereal</i> Juice, Fruit &amp; Milk</p> <p><b>Chicken Nuggets</b> Potato Triangle Green Beans Fruit Variety Milk</p>	<p>3 <i>Breakfast Pizza or Cereal</i> Fruit, Juice, &amp; Milk</p> <p><b>Spaghetti Bake</b> Corn Romaine Salad Fruit Variety Milk</p>	<p>4 <i>Pancake, Sausage Sandwich or Cereal</i> Juice, Milk, &amp; Fruit</p> <p><b>Sausage Pizza</b> Baked Beans Baby Carrots Fruit Variety Milk</p>
<p>7 <i>Blueberry Bread or Cereal</i> Fruit, Milk, Juice</p> <p><b>Roasted Pork on Bun</b> Coleslaw Sweet Potato Fries Fruit Variety Milk</p>	<p>8 <i>Strawberry bagel or Cereal</i> Fruit, Juice, &amp; Milk</p> <p><b>Chicked Patty on Bun</b> Vegetable Medley Baby Carrots Fruit Variety Milk</p>	<p>9 <i>Eggs, Bacon, &amp; Toast or Cereal</i> Juice, Milk, &amp; Fruit</p> <p><b>Chicken Fingers,</b> Green Beans, Marinara Romaine Salad Fruit Variety Milk</p>	<p>10 <i>Mini Flapsticks or Cereal</i> Fruit, Juice, &amp; Milk</p> <p><b>Tater Tot Casserole</b> Mixed Vegetables Sun Sipper Fruit Variety Milk</p> 	<p>11 <i>Poptart or Cereal</i> Fruit, Milk, Juice</p> <p><b>1/2 DAY</b></p> <p><b>SCHOOL</b></p>
<p>14</p>  <p><b>No School</b></p>	<p>15 <i>Waffles or Cereal</i> Fruit, Juice, Milk</p> <p><b>Wild Mike Bites/Marinara</b> Glazed Carrots Cherry Star Fruit Variety Milk</p>	<p>16 <i>Yogurt &amp; Muffin or Cereal</i> Fruit, Milk, &amp; Juice</p> <p><b>Saucy Cheeseburger</b> Broccoli W/ Cheese Romaine Salad Fruit Variety Milk</p>	<p>17 <i>Pizza Bagel or Cereal</i> Fruit, Juice, Milk</p> <p><b>Beefy Nacho Supreme</b> Refried Beans Salsa, Lettuce, Jalapenos Fruit Variety Milk</p>	<p>18 <i>French Toast Sticks &amp; Sausage</i> Fruit, Juice, Milk</p> <p><b>Cheese Pizza</b> Peas Baby Tomatoes Fruit Variety Milk</p>
<p>21 <i>Mini Pancakes or Cereal</i> Fruit, Juice, &amp; Milk</p> <p><b>Tenderloin on Bun</b> Lattice Fries Dragon Fruit Fruit Variety Milk</p>	<p>22 <i>Biscuit &amp; Gravy or Cereal</i> Fruit, Milk, &amp; Juice</p> <p><b>Chicken Quesadilla</b> Taco Beans/Pepperoni Vegetable Medley Fruit Variety Milk</p>	<p>23 <i>Banana Bread or Cereal</i> Juice, Milk, Fruit</p> <p><b>Chicken Tenders</b> Mashed Potatoes &amp; Gravy Green Beans Fruit Variety Milk</p>	<p>24 <i>Flapsticks or Cereal</i> Juice, Milk, &amp; Fruit</p> <p><b>General Chicken</b> Rice /Mixed Vegetables Romaine Salad Fruit Variety Milk</p>	<p>25 <i>Donut or Cereal</i> Fruit, Milk, &amp; Juice</p> <p><b>Pepperoni Pizza</b> Broccoli Juice Fruit Variety Milk</p>
<p>28 <i>Cinni Mini or Cereal</i> Fruit, Juice, Milk</p> <p><b>Hot Dog/ Chili</b> Potato Wedges Baked Beans Fruit Variety Milk</p>	<p>29 <i>Sausage &amp; Cheese Slider or Cereal</i> Juice, Milk, &amp; Fruit</p> <p><b>Chicken Alfredo</b> Corn Romaine Salad Fruit Variety Milk</p>	<p>30 <i>Apple Frudel or Cereal</i> Juice, Milk, Fruit</p> <p><b>Cheeseburger on Bun</b> Glazed Carrots Salad Baby Tomatoes Fruit Variety Milk</p> 	<p>31 <i>Flapstick or Cereal</i> Juice, Fruit, Milk</p> <p><b>Wild Mikes Pizza</b></p>  <p>Greed Beans Sun Sipper Fruit Variety Milk</p>	<p><b>1 Cereal Bar or Cereal</b> Juice, Fruit, Milk</p> <p><b>1/2 DAY</b></p> <p><b>SCHOOL</b></p> 