



OCTOBER QHS MENU

Breakfast & Lunch Meals are FREE for all students.
 You must have money in your ACCOUNT
 to purchase ala carte items!


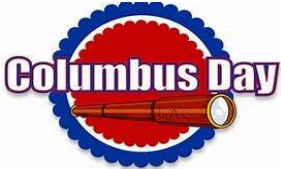


Other meals offered daily

Made to order Subs
 A variety of fresh made
 Chef Salads
 Taco Bar

October 1st
Donut & Yogurt
Big D's Pizza
Side Salad
Green Beans
Fruit & Milk

**DUE TO MANUFACTURING SHORTAGES, MENU IS SUBJECT TO
 CHANGE BASED UPON PRODUCT AVAILABILITY!**

October 4th	October 5th	October 6th	October 7th	October 8th
<i>French Toast Sticks</i>	<i>Breakfast Sandwich</i>	<i>Scrambled Eggs & Bacon</i>	<i>Biscuit & Gravy</i>	
Quesadilla w/Queso Corn Side Salad Fruit & Milk	Chicken & Gravy over Mashed Potatoes Dinner Roll Peas Fruit & Milk	Boom Boom Chicken Strips Baked Beans Coleslaw Fruit & Milk	Mozzarella Cheese Bites with Marinara Sauce Green Beans Romaine Salad Fruit & Milk	NO SCHOOL QUINCY CONFERENCE 
October 11th	October 12th	October 13th	October 14th	October 15th
	<i>Breakfast Sandwich</i>	<i>Scrambled Eggs & Bacon</i>	<i>Biscuit & Gravy</i>	<i>Donut & Yogurt</i>
	Hot Dog Curly Fries Baked Beans Fruit & Milk	Papa John's Pizza Side Salad Baby Carrots Fruit Milk	Chicken Sandwich Green Beans Broccoli Cauliflower Salad Fruit & Milk	Chicken Alfredo Breadstick Steamed Broccoli Caesar Salad Fruit & Milk
October 18th	October 19th	October 20th	October 21st	October 22nd
<i>French Toast Sticks</i>	<i>Breakfast Sandwich</i>	<i>Scrambled Eggs & Bacon</i>	<i>Biscuit & Gravy</i>	<i>Donut & Yogurt</i>
Cheeseburger Sweet Potato Wedges BLT Salad Fruit & Milk	Popcorn Chicken Dinner Roll Loaded Mashed Potatoes Side Salad Fruit & Milk	4 Cheese Garlic Bread Marinara Sauce Green Beans Romaine Salad Fruit & Milk	Chicken Twister Cooked Carrots Broccoli Salad Fruit Milk	Walking Taco Corn Fiesta Black Beans Fruit Milk
October 25th	October 26th	October 27th	October 28th	October 29th
<i>French Toast Sticks</i>	<i>Breakfast Sandwich</i>	<i>Scrambled Eggs & Bacon</i>	<i>Biscuit & Gravy</i>	
BBQ Pork Sandwich Cheesy Potatoes Baked Beans Fruit Milk	Orange Chicken over Rice Oriental Vegetables Asian Coleslaw Fruit & Milk	Dominos Pizza Side Salad Baby Carrots Fruit Milk	1/2 day Parent Teacher Conf. No Lunch Served	No School 