QJHS October 2025

29 Yogurt & Muffin or Cereal Milk, Juice, & Fruit	30 Chicken Sausage & Cheese Sliders or Cereal Fruit, Juice, & Milk	1 Oatmeal Chocolate Banana Bar or Cereal Fruit, Juice & Milk	2 Cinni Mini or Cereal Fruit , Juice, & Milk	3 Pancake Sausage Sandwich Cereal, Milk, Juice & Fruit
Slobby Joe	Chicken Alfredo /Roll	Chicken Nuggets	Roasted Pork on Bun	DB Stuffed Pizza
Rib-B-Que on Bun	Rib-B-Que on Bun	Rib-B-Que on Bun	Rib-B-Que on Bun	Rib-B-Que on Bun
Curly Fries	Broccoli	Potato Triangle	Baked Beans	Peas
Coleslaw	Baby Tomatoes/Salad	Green Beans	Romaine Salad	Baby Carrots
Fruit Variety	Fruit Variety	Fruit Variety	Fruit Variety	Fruit Variety
Milk	Milk	Milk	Milk	Milk
6 Banana Bread or Cereal	7 Cinna Bun or Cereal	8 Eggs, Bacon,Toast or Cereal	9 Mini Flapsticks or Cereal	10 Poptarts or Cereal
Juice, Milk, & Fruit	Fruit, Juice, Milk	Fruit Milk Juice	Fruit , Juice, Milk	Fruit, Juice, & Milk
Bar-B-Que Chicken on Bun	Taco Supreme	Chicken Fingers	Basco Sticks	
Chicken Patty on Bun	Chicken Patty on Bun	Chicken Patty on Bun	Chicken Patty on Bun	1/2 Day
Sweet Potato Fries	Refried Beans	Green Beans	Marinara Sauce	SCHOOL 🥨
Sun Sipper	Salsa, Lettuce, Jalapenos	Romaine Salad, Marinara	Coleslaw	
Fruit Variety	Fruit Variety	Fruit Variety	Fruit Variety	
Milk	Milk	Milk	Milk	***************************************
13	14 Breakfast Pizza or Cereal	15 Waffles or Cereal	16 Strawberry Bagel or Cereal	17 French Toast & Sausage or
Columbias .	Fruit, Milk, Juice	Fruit , Milk, Juice	Fruit , Milk, Juice	Cereal Fruit, Milk, Juice
	Salisbury Steak	Chicken Wings	Spaghetti Bake/Roll	Big Daddy Pizza
	Saucy Cheeseburger on Bun	Saucy Cheeseburger	Saucy Cheeseburger on Bun	Saucy Cheeseburger on Bun
	Corn	Broccoli w/ Cheese	Glazed Carrots	Green Beans
	Mashed Potatoes & Gravy	Salad, Baby Carrots	Salad	Baby Tomatoes
	Fruit Variety	Fruit Variety	Fruit Variety	Fruit Variety
	Milk	Milk	Milk	Milk
20 Frudel or Cereal	21 Biscuit & Gravy or Cereal	22 Blueberry Bread or Cereal	23 Egg & Cheese Slider or Cereal	24 Donut or Cereal
Fruit Milk Juice	Fruit Milk/Juice	Fruit Milk/ Juice	Fruit Milk & Juice	Fruit, Juice, & Milk
Spicy Chicken on Bun	Chicken Fajitas	Chicken Tenders	General Chicken	Sausage Pizza
Tenderloin	Tenderloin	Tenderloin	Tenderloin on Bun	Tenderloin on Bun
Lattice Fries	Peppers, Salsa	Macaroni & Cheese	Rice & Mixed Vegetables	Vegetable Medley
Dragon Fruit	Mexican Coleslaw	Baby Carrots	Baby Tomatoes	Baby Carrots
Fruit Variety	Fruit Variety	Fruit Variety	Fruit Variety	Fruit Variety
Milk	Milk	Milk	Milk	Milk
27 Egg Scrambler or Cereal	28 Sausage & Cheese Slider or Cereal	29 Mini Pancakes or Cereal	30	31
Cereal Fruit Milk Juice	Fruit Milk Juice	Fruit Milk Juice		
Hot Dog/Chili	4-Cheese Garlic Bread	Chicken Bacon Twister	1/2 Day	No School
Cheeseburger	Cheeseburger	Cheeseburger	School	
Potato Wedges	Corn	Green Beans	Anni	order?
Baked Beans	Marinara	Lettuce, Baby Tomatoes		Halloween
Fruit Variety	Fruit Variety	Fruit Variety		
Milk	Milk	Milk		