

QJHS October 2021

<p>Breakfast FREE</p> <p>LUNCH FREE</p> 		<p>Menu is subject to change due to manufacturing shortages</p>	<p>30 Breakfast Burrito Cereal , Fruit /Juice</p> <p>Bar-B-Que Chicken on Bun Ham/Cheese Sub.</p> <p>Baked Beans Baby Carrots</p> <p>Fruit Variety Milk</p>	<p>1 Donut or Cereal Fruit Juice/Milk</p> <p>Wild Mikes Bites Sub. Sandwich</p> <p>Corn Baby Carrots</p> <p>Fruit Variety Milk</p>
<p>4 Cinnamon Bun or Cereal Fruit/ Juice</p> <p>Sloppy Joe</p> <p>Turkey/ Cheese Sub.</p> <p>French Fries Baby Carrots Fruit Variety Milk</p>	<p>5 Biscuits & Gravy or Cereal Fruit Juice, Milk</p> <p>Pizza Quesadilla</p> <p>Turkey/Cheese Sub.</p> <p>Taco Beans Salad Fruit Variety Milk</p>	<p>6 Breakfast Pizza or Cereal Fruit Milk / Juice</p> <p>Chicken Nuggets</p> <p>Ham/Cheese Sub.</p> <p>Breadstick Green Beans / Baby Carrots Fruit Variety Milk</p>	<p>7 Banana Bread or Cereal Fruit Milk/Juice</p> <p>Double Crust Pizza</p> <p>Ham/Cheese Sub.</p> <p>Glazed Carrots Celery Sticks Fruit Variety Milk</p>	<p>8</p> <p>Quincy CONFERENCE</p> <p>NO SCHOOL</p>
<p>11</p> <p>COLUMBUS DAY</p> <p>NO SCHOOL</p>	<p>12 Sausage & Cheese Slider or Cereal Fruit Milk/Juice</p> <p>4-Cheese Bread/Marinara Sauce</p> <p>Turkey/Cheese Sub.</p> <p>Broccoli, Califlower, Carrots</p> <p>Fruit Variety Milk</p>	<p>13 Cocoa Bread or Cereal Fruit Milk/ Juice</p> <p>Chicken Tenders/Breadstick</p> <p>Ham/Cheese Sub.</p> <p>Mashed Potatoes Corn Fruit Variety Milk</p>	<p>14 Mini Flapsticks or Cereal Fruit Milk/ Juice</p> <p>Walking Tacos Supreme</p> <p>Ham/ Cheese Sub.</p> <p>Refried Beans Salad/ Baby Carrots Fruit Variety Milk</p>	<p>15 Donut or Cereal Fruit Milk/ Juice</p> <p>Rib-B- Que on Bun</p> <p>Sub. Sandwich</p> <p>Green Beans Baby Carrots Fruit Variety Milk</p>
<p>18 Scrambled Egg Pizza or Cereal Fruit Milk/ Juice</p> <p>Cheeseburger</p> <p>Turkey/ Cheese Sub.</p> <p>Sweet Potato Fries Baby Carrots Fruit Variety Milk</p>	<p>19 Cinnamon Burst Bread or Cereal Fruit Milk/Juice</p> <p>Fiestada Pizza</p> <p>Turkey/Cheese Sub.</p> <p>Taco Beans Salad Fruit Variety Milk</p>	<p>20 Pancakes or Cereal Fruit Milk/ Juice</p> <p>Baked Spagehetti & Breadstick</p> <p>Ham/Cheese Sub.</p> <p>Corn Baby Carrots Fruit Variety Milk</p>	<p>21 Frudel or Cereal Fruit Cereal / Juice</p> <p>Bar-B-Que Pork on Bun</p> <p>Ham/ Cheese Sub.</p> <p>Coleslaw Baby Carrots Fruit Variety Milk</p>	<p>22 French Toast Sticks & Sausage Fruit Juice</p> <p>Chicken Patty on Bun</p> <p>Sub. Sandwich</p> <p>Broccoli Baby Carrots Fruit Variety Milk</p>
<p>25 Breakfast Pizza Bites or Cereal Fruit Milk/ Juice</p> <p>Corn Dog</p> <p>Turkey Sub.</p> <p>Wedges Baby Carrots Fruit Variety Milk</p> 	<p>26 Yogurt & Muffin or Cereal Fruit Milk/ Juice</p> <p>General Tso Chicken</p> <p>Turkey/Cheese Sub.</p> <p>Rice/Mixed Vegetables Baby Carrots Fruit Variety Milk</p>	<p>27 Waffles or Cereal Fruit Milk/ Juice</p> <p>Chicken Bacon Twister</p> <p>Ham/Cheese Sub.</p> <p>Salad Green Beans Fruit Variety Milk</p>	<p>28 Poptarts or Cereal Fruit Juice / Milk</p> <p>1/2 DAY</p>	<p>29</p> <p>NO SCHOOL</p> 