





RJHS November 2022



<p>1 Ham & Cheese Slider or Cereal Fruit, Juice, & Milk</p> <p>Chicken Quesadilla</p> <p>Cheeseburger</p> <p>Taco Beans</p> <p>Romaine Salad/Baby Carrots</p> <p>Fruit Variety</p> <p>Milk</p>	<p>2 Mini Pancakes or Cereal</p> <p>Fruit, Juice, & Milk</p> <p>Chicken Bacon Twister</p> <p>Cheeseburger</p> <p>Salad</p> <p>Corn</p> <p>Fruit Variety</p> <p>Milk</p>	<p>3 Breakfast Pizza or Cereal</p> <p>Fruit, Juice, & Milk</p> <p>Chicken & Noodles</p> <p>Cheeseburger</p> <p>Green Beans / Breadstick</p> <p>Baby Carrots</p> <p>Fruit Variety</p> <p>Milk</p>	<p>4 Berry French Toast & Sausage or Cereal Fruit, Juice, & Milk</p> <p>Wild Mike Pizza</p> <p>Hamburger on Bun</p> <p>Cheesy Broccoli</p> <p>Baby Tomatoes</p> <p>Fruit Variety</p> <p>Milk</p>	
<p>7 Cinni Mini's or Cereal</p> <p>Fruit, Juice, & Milk</p> <p>Grilled Chicken Patty on Bun</p> <p>Rib-B-Que on Bun</p> <p>Curly Fries</p> <p>Coleslaw</p> <p>Fruit Variety</p> <p>Milk</p> 	<p>NO</p> <p>SCHOOL</p> <p>PLEASE</p> <p>VOTE</p>	<p>9 Bagel & Cream Cheese or Cereal</p> <p>Fruit, Juice, & Milk</p> <p>Chicken Tenders</p> <p>Rib-B-Que on Bun</p> <p>Fettucine</p> <p>Corn/Romaine Salad</p> <p>Fruit Variety</p> <p>Milk</p>	<p>10 Chicken Sausage & Cheese Slider</p> <p>Fruit, Juice, & Milk</p> <p>Chicken Fajita</p> <p>Rib-B-Que on Bun</p> <p>Taco Beans</p> <p>Mixed Peppers/ Salad</p> <p>Fruit Variety</p> <p>Milk</p>	<p>11 Pancakes, Sausage Sandwich or Cereal Fruit, Juice, & Milk</p> <p>DB Stuffed Pizza</p> <p>Rib- B- Que on Bun</p> <p>Peas</p> <p>Baby Carrots</p> <p>Fruit Variety</p> <p>Milk</p> 
<p>14 Yogurt & Granola or Cereal</p> <p>Fruit, Juice, & Milk</p> <p>Pony Shoe</p> <p>Saucy Cheeseburger</p> <p>French Fries</p> <p>Baby Carrots</p> <p>Fruit Variety</p> <p>Milk</p>	<p>15 Breakfast Pizza or Cereal</p> <p>Fruit, Juice, & Milk</p> <p>Teriyaki Dippers</p> <p>Saucy Cheeseburger</p> <p>Broccoli</p> <p>Baby Carrots</p> <p>Fruit Variety</p> <p>Milk</p>	<p>16 Egg & Cheese Slider or Cereal</p> <p>Fruit, Juice, & Milk</p> <p>Ranch Chicken Wrap</p> <p>Saucy Cheeseburger</p> <p>Glazed Carrots</p> <p>Salad</p> <p>Fruit Variety</p> <p>Milk</p>	<p>17 Cinni Mini or Cereal</p> <p>Fruit, Juice, & Milk</p> <p>Turkey & Gravy</p> <p>Ham & Cheese Subs</p> <p>Mashed Potatoes</p> <p>Green Beans, Dinner Roll</p> <p>Fruit Variety</p> <p>Milk</p> 	<p>18 Donut or Cereal</p> <p>Fruit, Juice, & Milk</p> <p>Calzones</p> <p>Saucy Cheeseburger</p> <p>Vegetable Medley</p> <p>Baby Carrots</p> <p>Fruit Variety</p> <p>Milk</p>
<p>21 Waffles or Cereal</p> <p>Fruit, Juice, & Milk</p> <p>Bar-B-Que Pork</p> <p>Chicken Patty on Bun</p> <p>Sweet Potato Fries</p> <p>Coleslaw</p> <p>Fruit Variety</p> <p>Milk</p>	<p>22 Sausage and Cheese Sliders or Cereal Fruit, Juice, & Milk</p> <p>Wild Mike Bites</p> <p>Chicken Patty on Bun</p> <p>Peas</p> <p>Baby Carrots</p> <p>Fruit Variety</p> <p>Milk</p>			
<p>28 Apple Bites or Cereal</p> <p>Fruit, Juice, & Milk</p> <p>Corn Dog</p> <p>Tenderloin on Bun</p> <p>Potato Wedges</p> <p>Baby Carrots</p> <p>Fruit Variety</p> <p>Milk</p>	<p>29 Biscuits & Gravy or Cereal</p> <p>Fruit, Juice, & Milk</p> <p>4- Cheese Garlic Bread</p> <p>Tenderloin on Bun</p> <p>Corn</p> <p>Marinara Sauce</p> <p>Fruit Variety</p> <p>Milk</p>	<p>30 Cinni Mini's or Cereal</p> <p>Fruit, Juice, & Milk</p> <p>Chicken Nuggets</p> <p>Tenderloin on Bun</p> <p>Fettucine</p> <p>Broccoli</p> <p>Fruit Variety</p> <p>Milk</p>	<p>12-1 Flap sticks or Cereal</p> <p>Fruit, Juice, & Milk</p> <p>Bar-B-Que Chicken on Bun</p> <p>Tenderloin on Bun</p> <p>Baked Beans</p> <p>Baby Carrots</p> <p>Fruit Variety</p> <p>Milk</p>	<p>2 Donuts or Cereal</p> <p>Fruit, Juice, & Milk</p> <p>Fiestada Pizza</p> <p>Tenderloin on Bun</p> <p>Green Beans</p> <p>Romaine Salad</p> <p>Fruit Variety</p> <p>Milk</p>