

Benefits Newsletter

October 2019

2019 Sick Leave Bank Open Enrollment

The 2019 Sick Leave Bank open enrollment begins October 1 and ends October 11, 2019. If you are a member of the Quincy Federation Union and have completed one year of employment with QPS, you are eligible to enroll. If you are already a member of the bank, you do not need to re-enroll.

Enrollment forms are available on the QPS website at www.qps.org, Human Resources, Benefits, Sick Leave Bank, 2019 Enrollment Form. Please send this completed enrollment form to Teresa Kemp at the BOE by October 11, 2019.

TeleDoc

Please remember we have the Teladoc service available to all employees and family members who are covered by any of the QPS medical plans. This service provides a free consultation with a physician over the phone.

It's a good idea to register with Teladoc BEFORE you need the service. If you are pre-registered, they will have all the information they will need to expedite your phone consultation with the doctor. You can contact Teladoc by mobile app, phone or online (instructions in the flyer attached to this email).

Employee Assistance Program

Just a reminder that all QPS employees have access to the Employee Assistance Program through ComPsych. Please call 855-387-9727 or go online www.guidanceresources.com and use company ID: ONEAMERICA3 to request services.

This is a confidential and free service to all employees and their family members. You do not need to take the QPS insurance to use this benefit. Each employee and each family member receive up to 3 free counseling sessions per year.

2018/2019 Flexible Spending Plan

The last flexible spending plan year ended 8/31/19. However, there is a grace period of two and a half months following the end of the year in which you are allowed to incur health claims and still receive reimbursements. So, if you still have funds in your 18/19 medical flex plan, you can continue to make claims on that year until **11/15/19**.

Air Evac Enrollment

Air Evac signups will be going on soon. If you are interested in joining or renewing your membership, please contact Penny Roberts at 217-779-3744 or email her at Penny.Roberts@amgh.us

Contact Information

Benefits Coord:
Teresa Kemp
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kempte@qps.org

SIC Officers:
Chair – Darla Rardon
Secretary – Stu Musgrove

Egyptian Trust:
1-855-452-9997
Care Coord:
1-855-452-9997

QPS Website:
www.qps.org
“Human Resources”
“Benefits”