

ECFC T-K September 2022

Monday	Tuesday	Wednesday	Thursday	Friday
	Due to manufacturing shortages, menus subject to change based upon availability of product.		1 <i>French Toast Sticks</i> <i>Mandarin Oranges</i>	2 <i>Mini Pancakes</i> <i>Applesauce</i>
			Soft Taco Cheese and salsa Refried Beans Applesauce Milk	Chicken Parmesan Dippers Marinara Sauce & Bread Stick Green Beans Mixed Fruit Milk
5 	6 <i>Breakfast Pizza</i> <i>Raisels</i>	7 <i>French Toast Sticks</i> <i>Peaches</i>	8 <i>Muffin & Yogurt</i> <i>Pears</i>	9 <i>Donut</i> <i>Apple Slices</i>
	Chicken Patty on Bun Corn Baby Carrots Peaches Milk	Chicken & Noodles Steamed Broccoli Baby Carrots & Oranges Pears Milk	Pizza Sticks Marinara Sauce Green Beans Apple Slices Milk	Deli Sub w/ Cheese Mixed Veggie Bowl w/ ranch applesauce WG Doritos Milk
12 <i>Cinni Minis</i> <i>Craisins</i>	13 <i>Mini Waffles</i> <i>Peaches</i>	14 <i>Flapstick</i> <i>Apple Slices</i>	15 <i>Mini Pancakes</i> <i>Peaches</i>	16 <i>Sausage Biscuit</i> <i>Mandarin Oranges</i>
Hamburger on Bun Tater Tots Baby Carrots Peaches Milk 	Cheese Quesadilla w/ Salsa Romaine Salad w/ Ranch Baby Carrots Apple Slices Milk	Pork Chop Patty Mashed potatoes and gravy Baby Carrots Peaches Milk	Four Cheese Garlic Bread Marinara Sauce Green Beans Mandarin Oranges Milk	Corn Dog Baked Beans Baby Carrots w/ Ranch Mixed Fruit Milk
19 <i>Coco Puffs/ Grahams</i> <i>Raisins</i>	20 <i>Mini French Toast Sticks</i> <i>Pineapple</i>	21 <i>Breakfast Tornado</i> <i>Apple Slices</i>	22 <i>Frudel</i> <i>Pears</i>	23 <i>Banana Bread</i> <i>Peaches</i>
Cheese Pizza Green Beans Baby Carrots Pineapple Milk 	Popcorn Chicken Oven Fries Baby Carrots Apple Slices Milk	Wild Mikes Pizza Bites Marinara Sauce Steamed Broccoli Pears Milk	Walking Taco Cheese & Salsa Refried Beans Peaches Milk	Turkey and Cheese Wrap Fresh Veggie Bowl Baby Carrots w/ Ranch WG Chips & pineapple Milk
26 <i>Muffin and Goldfish Graham</i> <i>Raisels</i>	27 <i>Breakfast Pizza</i> <i>Applesauce</i>	28 <i>Mini Pancakes</i> <i>Mandarin Oranges</i>	29 <i>Cinnamon Bun</i> <i>Mixed Fruit</i>	30 <i>French Toast Sticks</i> <i>Apple Slices</i>
Hot Dog on Bun Sweet Potato Fries Baby Carrots Applesauce Milk	Spaghetti w/ Meat Sauce Bread stick Romaine Salad w/ Ranch Mandarin Oranges Milk	Pizza Sticks Marinara Sauce Mixed Fresh Veggies/ Ranch Mixed Fruit Milk	Chicken Nuggets Mashed Potatoes & Gravy Baby Carrots Apple Slices Milk	Pork Chop Patty on Bun Baked Beans Celery Peaches Milk