

QHS September 2023 Menu

IMPORTANT: Please make sure to fill out a free/reduced price meals application.



MENU IS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY.

Breakfast price \$1.50 Lunch price \$3.10
Reduced Breakfast .30 Reduced Lunch .40

September 1st
Donut & Yogurt
BBQ Teriyaki Chicken & Rice
Oriental Vegetable
Baby Carrots
Fruit & Milk

September 4th	September 5th	September 6th	September 7th	September 8th
<p>No School</p> 	<p><i>Breakfast Bagel</i></p> <p>Crispy or Spicy Chicken Sand. Curly Fries Green Beans Fruit & Milk</p>	<p><i>Sunrise Croissant</i></p> <p>Little Caesar's Pizza or Mozzarella Breadsticks Side Salad Baby Carrots Fruit & Milk</p>	<p><i>Biscuit & Gravy</i></p> <p>Beef Nachos w/Queso Corn Refried Beans Fruit & Milk</p> 	<p><i>Donut & Yogurt</i></p> <p>Chicken Alfredo Breadstick Steamed Broccoli Caesar Salad Fruit & Milk</p>
September 11th	September 12th	September 13th	September 14th	September 15th
<p><i>French Toast Sticks & Sausage</i></p> <p>Hot Dog w/Chili Sweet Potato Wedges Coleslaw Fruit & Milk</p>	<p><i>Breakfast Sandwich</i></p> <p>Chicken Drumstick Biscuit Baked Beans 7 Layer Salad Fruit & Milk</p>	<p><i>Scrambled Eggs & Toast</i></p> <p>4 Cheese Garlic Bread Marinara Sauce Spinach Salad Fruit & Milk</p>	<p><i>Biscuit & Gravy</i></p> <p>Popcorn Chicken Bowl Dinner Roll Mashed Potatoes & Gravy Corn Fruit & Milk</p>	<p><i>Donut & Yogurt</i></p> <p>Spaghetti w/Garlic Toast Green Beans Side Salad Fruit & Milk</p>
September 18th	September 19th	September 20th	September 21st	September 22nd
<p><i>French Toast Sticks & Sausage</i></p> <p>Quesadilla Corn Southwest Salad Fruit & Milk</p>	<p><i>Breakfast Bagel</i></p> <p>Chicken Twister Cooked Carrots Broccoli Salad Fruit & Milk</p> 	<p><i>Cinnamon Roll</i></p> <p>Domino's Pizza or Pepperoni Calzone Side Salad Baby Carrots Fruit & Milk</p>	<p><i>Biscuit & Gravy</i></p> <p>Orange Chicken over Rice Oriental Vegetables Asian Coleslaw Fruit & Milk</p>	<p><i>Donut & Yogurt</i></p> <p>Cheeseburger or Spicy Chicken Sandwich Potato Wedges Baked Beans Fruit & Milk</p>
September 25th	September 26th	September 27th	September 28th	September 29th
<p><i>French Toast Sticks</i></p> <p>Jalapeno Ranch Chicken Wrap Side Salad Baby Carrots Fruit & Milk</p>	<p><i>Chicken & Cheese Biscuit</i></p> <p>Walking Taco Corn Refried Beans Fruit & Milk</p>	<p><i>Mini Pancakes & Sausage</i></p> <p>4 Cheese Garlic Bread Marinara Sauce Spinach Salad Fruit & Milk</p>	<p><i>Biscuit & Gravy</i></p> <p>Chicken Strips with Dinner Roll Loaded Mashed Potatoes Vegetable Medley Fruit & Milk</p>	<p><i>Donut & Yogurt</i></p> <p>Meatball Sub Green Beans Side Salad Fruit & Milk</p>