## ECFC September 2021

Monday	Tuesday	Wednesday	Thursday	Friday
	Meals are free for ALL	1 Scrambled Eggs/	2 Cinni Minis	3 Mini Pancakes
	Students in the 2021-22	Toast	Mandarin Oranges	Peaches
	School Year	Mini corn dogs	Soft Taco	Chicken Parmesan Dippers
		French Fries	Cheese, Lettuce, & Salsa	Marinara Sauce & Bread Stick
	Milk & Juice complete each	Applesauce	Refried Beans & Applesauce	Green Beans / Mixed Fruit
	Breakfast	Milk	Milk	Milk
		PM Snack: Goldfish	PM Snack: Goldfish	PM Snack: Goldfish Graham
Enjoy the day off	7 Breakfast Pizza	8 French Toast Sticks	9 Muffin & Yogurt	10 Donut
	Raisels	Applesauce	Apple Slices	Pineapple
	Chicken Patty on Bun	Chicken & Noodles	Pizza Sticks	Deli Sub w/ Cheese
	Corn	Steamed Broccoli	Marinara Sauce	Mixed Veggie Bowl w/ ranch
Happy Labor Day	Peaches	Pears	Green Beans & Pineapple	applesauce/ WG Doritos
$+\pi$ $+\pi$ $+\pi$	Milk	Milk	Milk	Milk
	PM Snack: Cereal & Milk	PM Snack: Graham Crackers	PM Snack: Fruit	PM Snack: Pretzel w/ juice
13 Oatmeal	14 Sausage Biscuit	15 Flapstick	16 Cereal & Toast	17 Mini Waffles
Craisins	Mandarin Oranges	Peaches	Pears	Apple Slices
Hamburger on Bun	Corn Dog	Pork Chop Patty	Four Cheese Garlic Bread	Cheese Quesadilla w/ Salsa
Tater Tots	Baked Beans	Mashed potatoes and gravy	Marinara Sauce	Romaine Salad w/ Ranch
Peaches	Mixed Fruit	Apple Slices	Green Beans/ Man Oranges	Apple Sauce
Milk	Milk	Milk	Milk	Milk
PM Snack: Chips & Salsa	PM Snack: Goldfish Graham	PM Snack: Cheese Stick	PM Snack: Fresh Fruit	PM Snack: Cereal & Milk
20 Scrambled Eggs & Toast	21 Mini French Toast Sticks	22 Long John	23 Sausage Biscuit	24 Banana Bread
Raisins	Pineapple	Apple Slices	Peaches	Pears
Cheese Pizza	Popcorn Chicken	Wild Mikes Pizza Bites	Walking Taco	Turkey and Cheese Wrap
Green Beans	Oven Fries	Marinara Sauce	Cheese, lettuce, & Salsa	California Blend Veggies
Peaches	Apple Slices	Steamed Broccoli & Pears	Refried Beans / Banana	WG Chips & pineapple
Milk 25	Milk	Milk	Milk	Milk
PM Snack: Goldfish	PM Snack: Vanilla Bear Cookie	PM Snack: Fresh Fruit	PM Snack: Cereal & Milk	PM Snack: Cheese Its
27 Cereal	28 Breakfast Pizza	29 Mini Pancakes	30 Cinnamon Bun	Due to manufacturing
Raisels	Apple Slices	Pears	Mandarin Oranges	shortages, menus subject
Hot Dog on Bun	Spaghetti w/ Meat Sauce	Pizza Sticks	Chicken Nuggets	to change based upon
Sweet Potato Fries	Bread stick	Marinara Sauce	Mashed Potatoes & Gravy	availability of product.
Applesauce	Romaine Salad w/ Ranch	Mixed Fresh Veggies/ Ranch	Apple Slices	
Milk	Mandarin Oranges & Milk	Mixed Fruit & Milk	Milk	
PM Snack: Cheese Stick	PM Snack: Animal Cookie	PM Snack: Fresh Fruit	PM Snack: Goldfish Graham	