

QJHS May 2022

Monday	Tuesday	Wednesday	Thursday	Friday
2 Pancakes or Cereal Fruit, Milk & Juice Cheeseburger Turkey & Cheese Sub Sweet Potato Fries Baby Carrots Fruit Variety Milk	3 <i>Frudel or Cereal</i> Fruit, Milk & Juice Chicken Quesadilla Turkey & Cheese Sub Taco Beans Peppers/Onions Fruit Variety Milk	4 Breakfast Pizza or Cereal Fruit, Milk & Juice Chicken Tenders Ham & Cheese Sub Green Beans Breadsticks/Cheese Stick Fruit Variety Milk	5 Cinn Mini's or Cereal Fruit, Milk & Juice Baked Mostaccoli Ham & Cheese Sub Corn Salad/Baby Carrots Fruit Variety Milk	6 <i>French Toast & Sausage</i> Cinn Toast Crunch Milk & Juice Wild Mike Bites Sub. Sandwich Vegetable Medly Salad Fruit Variety Milk
9 <i>Yogurt & Granola or Cereal</i> Fruit, Milk & Juice 4-Cheese Garlic Bread Turkey & Cheese Sub Marinara Mixed Vegetables Fruit Variety Milk	10 <i>Flapsticks or Cereal</i> Fruit, Milk & Juice Roasted Pork on Bun Turkey & Cheese Sub Lattice Fries Baby Carrots Fruit Variety Milk	11 <i>Biscuit & Jelly or Cereal</i> Fruit, Milk & Juice Chicken Bacon Twister Ham & Cheese Sub Green Beans Salad Fruit Variety Milk	12 <i>Breakfast Toranado or Cereal</i> Fruit, Milk & Juice Beefy Nacho Supreme Ham & Cheese Sub Refried Beans Baby Carrots/Salad Fruit Variety Milk	13 <i>Donut Or Cereal</i> Fruit, Milk & Juice Db Stuffed Pizza Sub Sandwich Crunchy Broccoli, Carrot Salad Baby Carrots Fruit Variety Milk
16 <i>Waffles or Cereal</i> Fruit, Milk & Juice Buffalo Chicken Calzones Turkey & Cheese Sub Baked Beans Salad Fruit Variety Milk	17 <i>Biscuits & Gravy or Cereal</i> Fruit, Milk & Juice Pony Shoe Turkey & Cheese Sub French Fries/ Cheese Baby Carrots Fruit Variety Milk	18 <i>Banana Bread or Cereal</i> Fruit, Milk & Juice Chicken Nuggets Ham & Cheese Sub Mac & Cheese Salad Fruit Variety Milk	19 <i>Bagel & Cream Cheese or Cereal</i> Fruit, Milk & Juice Teriyaki Chicken Ham & Cheese Sub Rice & Vegetable Baby Carrots Fruit Variety Milk	20 <i>Mini French Toast & Sausage</i> , Milk & Juice Big Daddy Pizza Sub Sandwich Glazed Carrots Salad Fruit Variety Milk
23 <i>Yogurt & Muffin or Cereal</i> Milk & Juice Season Chicken on Bun Turkey & Cheese Sub Fries Baby Tomatoes Fruit Variety Milk	24 <i>Sausage & Cheese Sliders or Cereal</i> Cereal, Fruit, Milk & Juice 4-Cheese Garlic Bread/Marinara Turkey & Cheese Sub Marinara Broccoli Fruit Variety Milk	25 <i>Frudel or Cereal</i> Fruit, Milk & Juice Chicken Tacos Ham & Cheese Sub Refried beans Baby Carrots/Salad Fruit Variety Milk	26 <i>Mini Flapsticks or Cereal</i> Milk & Juice Pizza Ham & Cheese Sub Green Beans Baby Tomatoes Fruit Variety Milk	27 <i>Donuts or Cereal</i> Fruit, Milk & Juice Bar-B-QUE Hot Dogs Chips Baby Carrots Apples Milk
 MEMORIAL DAY	31 <i>Cinni Mini's or Cereal</i> Fruit, Milk & Fruit Chicken Patty on Bun Sub Sandwich Beans Mini Carrots Fruit Variety Milk	2 <i>Pop Tarts or Cereal</i> Juice. Milk & Fruit Students Favorite SURPRISE! Vegetable Mini Carrots Fruit Variety Milk	3 <i>Cereal, Milk, Fruit, Juice</i> Students Favorite SURPRISE!! Chips Mini Carrots Fruit Variety Milk	4 